


Moorish!

Inject some exotica into your beauty ritual with nourishing ingredients from Morocco


 **T**he beauty rituals of Moroccan women date back thousands of years and use the nourishing natural ingredients Morocco is famous for – Moroccan roses and argan oil. “Argan trees are native to Morocco and the oil has high levels of skin-softening vitamin E,” says Jamila El Maroudi, founder of Mira’s Hand. Dried roses, ground rose petals, rosewater and rose oil are also popular ingredients in Morocco. “Rosewater is added to baths or spritzed over faces on hot days,” adds El Maroudi.

 ***Mira’s Hand Moroccan Savon Noir Traditional Soap, \$29.90, mirashand.com.au.** A weekly exfoliation with this olive-oil based black soap brings glowing, clean skin. Created using techniques that date back 3000 years, it lifts dead skin cells and eliminates toxins.

 ***Ren Moroccan Rose Otto Body Wash, \$38, meccacosmetica.com.au.** Start the day with this luxurious, velvety rose shower foam. The Moroccan rose otto oil in this body wash is steam-distilled from petals harvested in Morocco at dawn.

 ***Kahina Giving Beauty Argan Oil, \$100, meccacosmetica.com.au.** Kahina Giving Beauty sources rare ingredients globally and sends a percentage of profits back to women’s cooperatives. Founder Katharine L’Heureux personally

sources her certified organic argan oil from Morocco. Use this as an evening facial cleanse or hair treatment.

 ***Tom Ford Private Blend Oud Fleur, \$290.** In this newly launched exotic parfum, Tom Ford’s signature Oud Wood aroma (oud, sandalwood and patchouli) is blended with rose absolute Morocco plus citrus, leather and incense.

 ***Malin+Goetz Absolute Rose Candle Limited Edition, \$78.** Essential oils of Moroccan rose extracted through steam distillation are blended with green ivy, Anjou pear and bamboo.

 ***Mira’s Hand Moroccan Rhassoul Clay, \$34.90, mirashand.com.au.** “Moroccan women mix rhassoul clay from eastern Morocco with pure Moroccan rosewater, dried rose petals and henna, then slather it over the face and body to detoxify,” says El Maroudi.

